

All steps should be done starting with the Right foot, then repeated starting with the Left foot

REEL

1. Up 2,3 Up 2,3 Up 2,3,4,5,6,7 Up 2,3,4,5,6,7 Knee Knee Spring 2,3
Or
Up 2,3 Up 2,3 Up 2,3,4,5,6,7 Point hop back, point hop back, Point whip whip, Point hop back
2. Point hop back, Point Hop back, Spring 2,3 Spring 2,3 Up 2,3,4,5,6,7 Jump squiggle Point hop back
3. Point whip 1,2 Spring step together, Spring step together, Spring step
Point hop back jump change, jump change, Up 2,3,4,5,6,7

HOP JIG

1. Point switch point hop back 2,3 Spring 2,3 Spring 2,3 Up 2,3,4,5,6,7 Spring 2,3,4,5,6,7

SLIPJIG

1. Up 1,2,3 Spring 1,2,3 Back, Back, Back Jump change, Jump change, Jump change
Up toe slide, Up spring 2,3 Hop point, Hop heel, Hop point, Hop back 2,3,4,5
2. Jump squiggle squiggle, point switch point hop back,
Up spring 2,3 Up spring 2,3 Up turn around, Point switch point hop back
Up toe slide, Up spring 2,3