

THURSDAY

LOCATION: KKO STUDIO, 52 Miller Road, MAHOPAC, NY

Teachers: Mrs. Kerry Oster & Miss Karyn Oster

11:00-11:30	Tir Na Nog: Early Beginners, 2 & 3 year olds (TNNMRTH-1)	Studio # 1
11:00 AM	Zumba (to register contact Marie@loveworkout.com)	Studio # 2
4:00-4:30	Tir Na Nog: Early Beginners, 3 & 4 year olds (TNNMRTH-2)	Studio # 2
4:45-5:30	Level 3: Novice, Light Shoe (NVMRLSTH)	Studio # 2
5:00-5:45	Level 1: Beginner, Light Shoe (BGMRTHLS)	Studio # 1
5:45-6:30	Level 3: Novice, Heavy Shoe (NVMRHSH)	Studio # 2
6:00-6:30	Traditional Set (TSMRTH)	Studio # 1
6:30-7:30	Level 4: Prize Winner, Heavy Shoe (PVMRTHHS)	Studio # 2
6:45-7:30	Show Troupe, Lord of the Dance/Riverdance (STMRTH)	Studio # 1
7:30 PM	Level 4: Prize Winner, Light Shoe (PVMRTHLS)	Studio # 1
7:30 PM	Level 5: Champion, Heavy Shoe (CHMRTHHS)	Studio # 2

FRIDAY

LOCATION: KKO STUDIO, 52 Miller Road, MAHOPAC, NY

Teachers: Mrs. Kerry Oster & Miss Karyn Oster

10:00-11:30	Tir Na Nog: Early Beginners, (held the same time as Zumba)	Studio # 1
10:00 AM	Zumba (to register contact Marie@loveworkout.com)	Studio # 2
TBA	Level 1: Beginner	
5:30	Traditional Sets	
6:00	Traditional Sets	
6:30-7:00	Jump Rope	
6:30, 7:00	Teams 4-Hands, 8-Hands	
7:30	Parents Booster Club Meeting (1st Friday of the Month)	
7:30-8:00 PM	Level 5: Championship - Light Shoe	

TUESDAY

LOCATION: KKO STUDIO, 52 Miller Road, MAHOPAC, NY

Teachers: Mrs. Kerry Oster & Miss Karyn Oster

10:00-10:30 AM	Level 1: Beginner, 4 & 5 year olds	Studio #1
11:00-11:45 AM	Adults/Seniors: Ceili Class	Studio #2
4:00-4:30 PM	Tir Na Nog: Early Beginners, 2 & 3 year olds	Studio #2
4:00-4:30 PM	Tir Na Nog: Early Beginners, 3 & 4 year olds	Studio #2
4:30-5:15 PM	Level 1: Beginner	Studio #1
4:45-5:30 PM	Level 2: Advanced Beginner Light Shoe	Studio #1
5:30-6:15PM	Level 3: Novice, Light Shoe (45 minute class)	Studio #2
5:30-6:00 PM	Level 2: Advanced Beginner, Heavy Shoe	Studio #1
6:15-6:45 PM	TEAMS: 4-Hands	Studio #1
6:30-7:15 PM	Level 3: Novice, Heavy Shoe	Studio #2
7:00-7:30 PM	Stretching: Level 4 & 5, - Strength Training	Studio #1
7:30 PM	Level 5: Champion, Light Shoe	Studio #2
7:30-8:30 PM	Mom Aerobics	Studio #1

WEDNESDAY

LOCATION: KKO STUDIO, 52 Miller Road, MAHOPAC, NY

Teachers: Mrs. Kerry Oster & Miss Karyn Oster

1:15- 2:00 PM	Level 1: Beginner, 4 & 5 year olds (BGMRW45)	Studio # 1
4:00-4:30 PM	Tir Na Nog: Early Beginners, 3 & 4 year olds (TNNMRW)	Studio # 1
4:30-5:15 PM	Level 1: Beginner, Light Shoe (BGMRWLS)	Studio # 1
4:45-5:30 PM	Level 2: Advanced Beginner , Light Shoe (ABGMRWLS)	Studio # 2
5:30-6:30 PM	Level 4: PrizeWinner, Light Shoe (PVMRWLS)	Studio # 2
5:45-6:15 PM	Level 2: Advanced Beginner, Heavy Shoe (ABGMRWHS)	Studio # 1
6:15-6:45 PM	Traditional Set (TSMRW)	Studio # 1
6:30-7:30 PM	Level 4: Prize Winner, Heavy Shoe (PVMRWHS)	Studio # 2
7:00-7:30 PM	Stretch: Level 4 & 5, Strength Training (STRMRW)	Studio # 1
7:30-8:30 PM	Level 5: Champion, Heavy Shoe (CHMRWHS)	Studio # 2
7:30-8:30 PM	Mom Aerobics (MAMRW)	Studio # 1



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**2011—2012
CLASSES**

MONDAY

LOCATION: VFW HALL, 32 Gleneida Avenue, Carmel, NY

TEACHER: Mrs. Kerry Oster

- 4:30-5:15 PM** Level 1: Beginner - Light Shoe (BGCMM)
- 5:15-6:00 PM** Level 2: Advanced Beginner - Light Shoe (ABCMMLS)
- 6:00-6:30 PM** Level 2: Advanced Beginner - Heavy Shoe (ABCMMHS)
- 6:00-7:00 PM** Level 3: Novice - Heavy Shoe (NVCMMFHS)
- 6:30- PM** Level 3: Novice - Light Shoe (NVCMMLS)
- 6:30- PM** Level 4: Prizewinner - Light Shoe (PWCMLS)
- 7:30-8:30 PM** Level 3 & 4: Novice & Prizewinner - Heavy Shoe (60 minute class)
- 8:30-9:00 PM** Level 4 & 5: Prizewinner & Championship - Light Shoe (30 minute class)

LOCATION: ESTELLE & ALFANSO PERFORMING ARTS, 4 Old Route 9W, FISHKILL, NY

Teachers: Miss Karyn Oster & Ms. Sheila Kelly-Cronk

- 4:30-5:00 PM** Tir Na Nog: Early Beginners - 3 & 4 year olds (30 minute class)
- 4:30-5:00 PM** Tir Na Nog: 4 & 5 year olds (30 minute class)
- 5:00-5:45 PM** Level 1: Beginner - Light Shoe (45 minute class)
- 5:45-6:30 PM** Level 2: Advanced Beginner - Light Shoe (45 minute class)
- 6:30-7:00 PM** Level 2 Advance Beginner - Heavy Shoe (30 minute class)
- 6:30-7:00 PM** Level 3 Novice - Heavy Shoe (30 minute class)
- 7:00-7:45 PM** Level 3: Novice - Light Shoe (45 minute class)
- 7:00-7:45 PM** Level 4: Prizewinner - Light Shoe (45 minute class)
- 7:45-8:45PM** Level 4: Prizewinner - [Light Shoe \(60 minute class\) - check w/KO](#)

LOCATION: KKO STUDIO, 52 Miller Road, MAHOPAC, NY

Teachers: Miss Karyn Oster

- 10:00-10:30 AM** Tir Na Nog: Early Beginners - 2 & 3 year olds, Studio #1 (30 minute class) Studio #1
- 10:00 AM** Zumba with Marie: Studio #2 (to register contact Marie@loveworkout.com) Studio #2
- 4:30-7:30 PM** Irish Music Lessons: Call to Schedule Studio #1
Choices include: Fiddle, Tin Whistle, Accordion, Harp, Voice